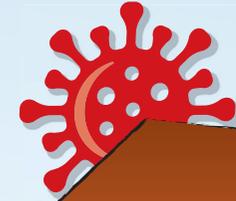
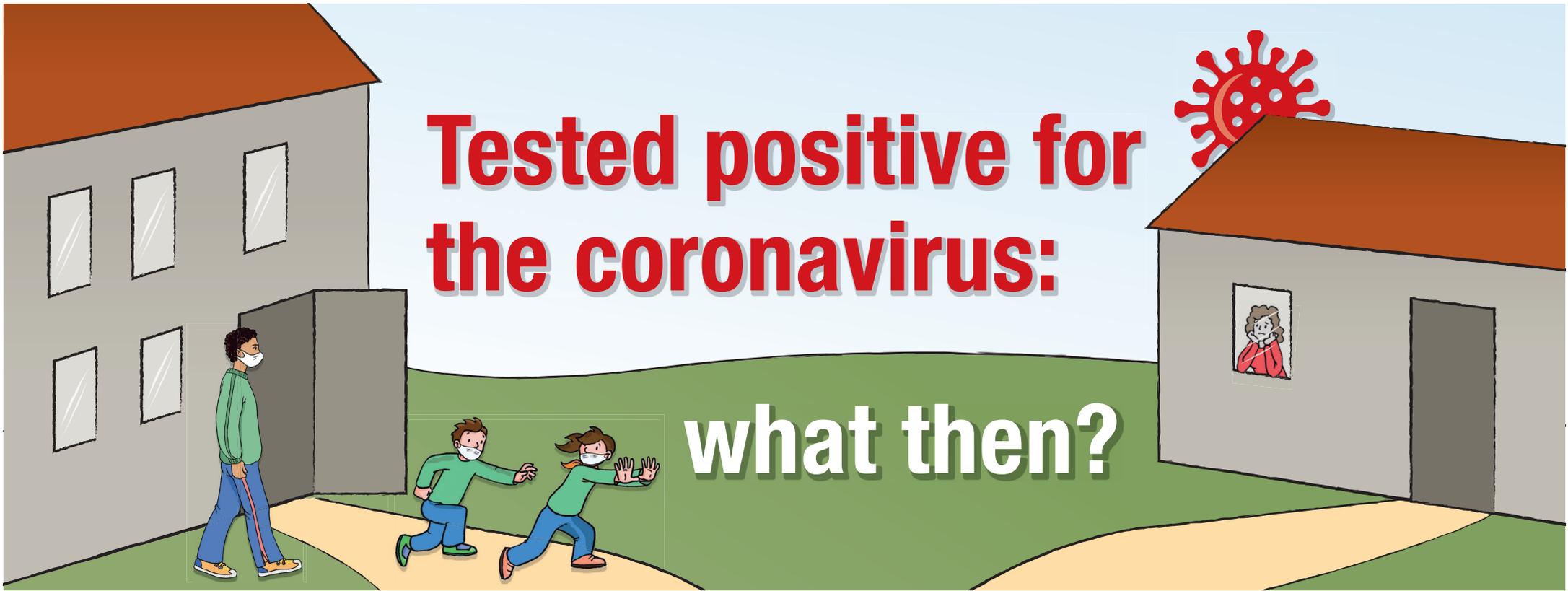


# Tested positive for the coronavirus:



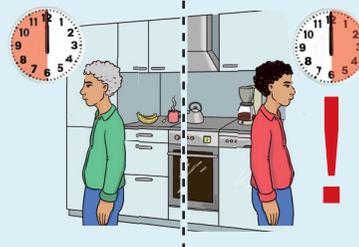
## what then?



Even if you are doing well, you are highly contagious and a **threat for other people.**

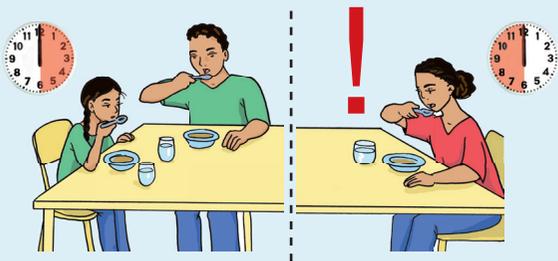


**Two weeks of quarantine for you and your family:**  
you are not allowed to leave the house!



## What do I have to do?

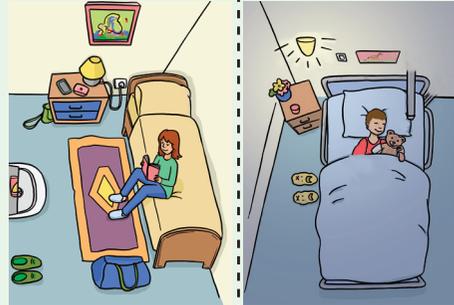
Do not use the **bathroom and kitchen at the same time** as other family members.



Eat at different times than the rest of your family.

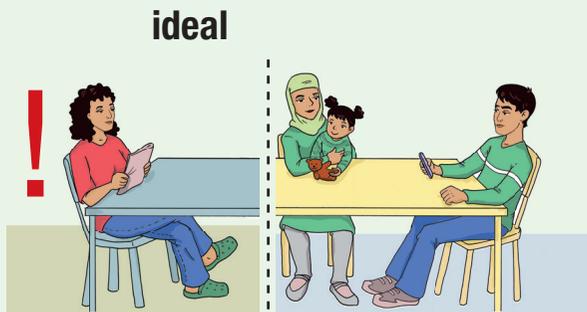


Take your temperature **twice per day**, if possible, and write it down daily.

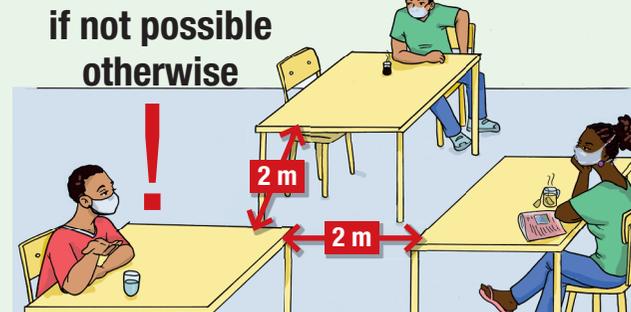


## How do I protect my family?

Is a **child ill with the coronavirus disease**?  
Any contact with its brothers and sisters must be prevented!



ideal



if not possible otherwise

Keep **distance** from each other.



Use **your own towel** and change it daily.

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-  integrationsbeauftragte
-  IntB\_Bayern
-  Integrationsbeauftragte Bayern

